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real expertise. real impact.

CARE SECTOR **BROCHURE**

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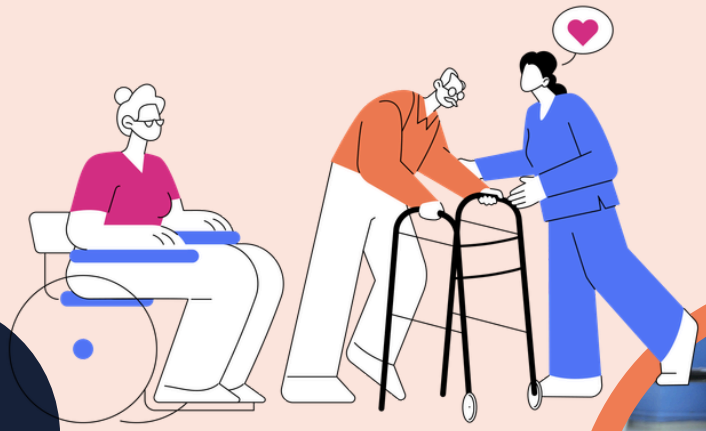

CLICK HERE TO
VISIT OUR WEBSITE

Your Flexible Training Partner

Interactive & engaging training courses delivered by Trainers with hands on experience in a way that best suits your organisation.

Some of the Care Organisations we Train for

Scroll down to view testimonials

Papworth Trust

norse group

Woodspring House Care Home

CASTLEMEADOW CARE

Children and Family Support Services

Hollyman Care Homes

Leading Lives
Lead the life you choose

The Edmund Trust

BENEFITS OF WORKING WITH

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EXPERTISE

As our strapline says..... Real Expertise. Real Impact

All Trainers have hands-on experience so deliver practical real life training which is not just a tick box exercise.

FLEXIBILITY

Courses can be delivered at a time, date & location that best suits your organisation and around Shift Patterns. We often repeat the same course AM + PM in care settings to maximise attendance

BESPOKE

Sessions can be adapted to meet your individual organisation policies & procedures and can focus on key areas you request.

IN-HOUSE OR OPEN COURSES

Our Trainers can come to you and deliver for a group or alternatively we regularly run open sessions in various locations that you can send your team along to.

VALUE & QUALITY

We offer exceptional value whilst still being cost competitive, and have a number of national and international accreditations .

LEARNING METHODS

We offer a range of learning methods:

- Face to Face
- Blended
- Virtual
- E-Learning

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CARE SECTOR COURSES

Popular care courses — click any course title for more information.

First Aid	**Emergency First Aid** In-House £595 +VAT Open £95 +VAT	**Basic Life Support / First Aid Awareness** In-House £495 +VAT Open £60 +VAT	**First Aid at Work** In-House £1325 +VAT Open £175 +VAT
Moving & Handling	**Moving & Handling of People Induction** In-House £590 +VAT	**Moving & Handling of People Refresher** In-House from £495 +VAT	**Falls Prevention** In-House £495 +VAT
Mental Health	**Mental Health First Aid (MHE Accredited)** In-House £2250 +VAT Open £315 +VAT	**Mental Health Champion (MHE Accredited)** In-House £1650 +VAT Open £215 +VAT	**Mental Health Awareness** In-House from £500 +VAT
Fire	**Fire Marshal / Safety including live fire** In-House from £520 +VAT Open £99 +VAT	**Fire Evacuation Chair** In-House £490 +VAT	**Fire Drill Training** In-House £180 +VAT
Health & Safety	**IOSH Managing Safely** In-House £3000 +VAT Open £475 +VAT	**Health & Safety Awareness** In-House £495 +VAT	**Infection Control & COSHH** In-House £495 +VAT
Care Specific	**Safeguarding of People at Risk** In-House £495 +VAT	**Dementia Awareness** In-House £495 +VAT	**Safe Administration of Medication** In-House from £495 +VAT	**Autism Awareness** In-House £495 +VAT
	Learning Disability Awareness In-House £495 +VAT	**Behaviours That Can Challenge** In-House £495 +VAT	**Breakaway Training** In-House £650 +VAT	**MCA/DOLs** In-House £495 +VAT
	Confidentiality & Record Keeping In-House £495 +VAT	**Dignity in Care / Person centred care** In-House £495 +VAT	**DNAR / Respect Form** In-House £495 +VAT	**Equality & Diversity** In-House £495 +VAT
Medical	**Diabetes Awareness** In-House £495 +VAT	**Epilepsy Awareness** In-House £495 +VAT	**Sepsis & Basic Observations / Signs of Deterioration** In-House £495 +VAT
	Safe use of oxygen In-House £495 +VAT	**Anaphylaxis** In-House from £500 +VAT Open £40 +VAT	**Asthma Awareness** In-House £495 +VAT
Managers & Seniors	**Care Risk Assessment** In-House £495 +VAT	**Medication for Seniors & Managers** In-House £590 +VAT	**Safeguarding for Seniors & Managers** In-House £590 +VAT
	MCA / DOLs for Seniors & Managers In-House £495 +VAT	**Menopause: The effective Manager** In-House £650 +VAT	**IOSH Managing Safely** In-House £3000 +VAT Open £475 +VAT
Fluid & Nutrition	**Food Safety** In-House from £495 +VAT	**Diet, Fluid & Nutrition** In-House £495 +VAT	**IDDSI & Adapted Diets** In-House £495 +VAT
	Effective Food Fortification In-House £495 +VAT	**Effective nutrition and hydration care planning** In-House £495 +VAT	**Understanding nutrition and hydration regulation** In-House £495 +VAT

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COMBINATION SESSIONS

OFTEN CUSTOMERS LIKE TO BOOK A FULL DAY OF TRAINING AND HAVE TWO DIFFERENT SESSIONS RUN OVER THE DAY - THIS IS POSSIBLE IF WE HAVE A TRAINER WHO DELIVERS BOTH REQUIRED SUBJECTS - WE HAVE TRIED TO GROUP SOME OF THE SUBJECTS WE CAN COMBINE

- FIRE SAFETY / MARSHAL
- EVACUATION CHAIR
- FIRE DRILL

- FLUID, DIET & NUTRITION
- IDDSI & ADAPTED DIETS
- EFFECTIVE FOOD FORTIFICATION
- EFFECTIVE NUTRITION & HYDRATION CARE PLANNING
- UNDERSTANDING NUTRITION AND HYDRATION REGULATIONS

- FIRST AID
- EPILEPSY
- DIABETES
- ANAPHYLAXIS
- DNAR / RESPECT

- MOVING & HANDLING OF PEOPLE REFRESHER
- SAFEGUARDING
- MEDICATION
- MCA / DOLS
- HEALTH & SAFETY AWARENESS
- INFECTION CONTROL
- FALLS PREVENTION
- DIGNITY IN CARE / PERSON CENTRED CARE
- CONFIDENTIALITY, REPORTING & RECORDING
- DEMENTIA AWARENESS

- AUTISM
- LEARNING DISABILITY
- BEHAVIOURS THAT CAN CHALLENGE

- FOOD SAFETY
- COSHH

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NURSE-LED & SPECIALIST COURSES

Practical expertise for your care team

NURSE-LED CARE COURSES

Taught by a registered nurse for care staff at all levels.

- Venipuncture
- Catheterisation
- Catheter Care
- Parkinson's
- Motor Neurone Disease
- Autonomic Dysreflexia
- End of Life Care
- Syringe Pumps
- Verification of Death
- Diabetes
- Pressure Area Care / Tissue Viability
- Wound Care
- Medication for Nurses

HALF DAY
£500 + VAT

FULL DAY
£650 + VAT

OLIVER McGOWAN MANDATORY TRAINING ON LEARNING DISABILITY AND AUTISM (TIER 2)

For health and social care staff supporting people with a learning disability and autistic people.

1 day in the classroom. Complete Part 1 e-learning (approximately 90 minutes) before attending.

Open course: £100 + VAT per person

In-house group: £1,620 + VAT for up to 18 delegates

View course details & booking →

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WE HAVE A REGULAR PROGRAMME OF OPEN COURSES IN

OPEN COURSES

We regularly run our most popular courses as open sessions in:

NORWICH

IPSWICH

KINGS LYNN

SHERINGHAM

GREAT YARMOUTH

CAMBRIDGE

BURY ST EDMUNDS

LOWESTOFT

ONLINE

FOR OUR FULL OPEN SCHEDULE

CLICK HERE

IF YOU WOULD LIKE TO DISCUSS YOUR TRAINING REQUIREMENTS PLEASE GET IN TOUCH

01603 574079

INFO@ANGLIANTRAINING.CO.UK

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WHAT OUR CUSTOMERS SAY.....

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Woodspring House Care Home

"We have been using Anglian Training for all of our health and social care training for over eight years. We highly recommend them and wouldn't use anyone else. All trainers are professional, knowledgeable, and engaging."

Lisa
Registered Manager - Woodspring House Care Home

The Edmund Trust

We began working with Anglian Training from January this year (2025) and it has been such a positive experience we have already secured our training with them again for 2026.
We have found Anglian Training to be highly professional and organised. We have received great feedback from those who have experienced the variety of training courses Anglian Training have provided to our staff.
I would highly recommend Anglian Training to any organisation looking to invest in the growth and development of their staff

Andrea Ballantyne
Head of HR
The Edmund Trust

Papworth Trust

I have had the pleasure of working with Anglian Training for the past 7 years and I can confidently say their service exceeded all expectations. Their team demonstrated exceptional professionalism, responsiveness, and a genuine commitment to delivering high-quality learning experiences.
The trainers were not only subject matter experts but also skilled facilitators who created an engaging and inclusive learning environment. The content was tailored to our business needs, highly relevant, and immediately applicable. Feedback from participants was overwhelmingly positive.
I would highly recommend Anglian Training to any organisation looking to invest in meaningful, results-driven learning and development.
Kind regards

Lynne Hunt
Learning & Development Business Partner, Papworth Trust

The training is always well received by our staff, they never complain about attending and as an organisation Anglian Training are always very accommodating of our needs. The training is always adapted to our setting, comprehensive and well delivered by the Trainers.

Susan Jarvis - Owner -The Old Rectory Care Home

WHAT OUR CUSTOMERS SAY.....

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Leading Lives
Lead the life you choose

' Leading Lives have been working with Anglian Training for over 3 years, they deliver Food Safety, Emergency First Aid at Work, Fire Safety, Fire Marshal and advanced Medication for Managers and Seniors. Their trainers are very accommodating, approachable and professional. We have worked closely with Anglian Training staff who are always happy to make reasonable adjustments and adapt the training to make it specific to our training needs. Each month we have between 1-4 sessions delivered by Anglian Training and we hope this will continue for many more years

Stuart Howell
Learning & Development Advisor, Leading Lives

Hollyman Care Homes

I have been using Anglian Training for several years as I find they are a good service. Kelsea, the account manager, is always willing to help, and quick to book the dates I require. Kelsea will keep me updated with any new courses and only sends emails when needed.

I use Anglian Training for Emergency First Aid at Work and Basic Life support. The trainers are exceptional and have all worked in the emergency services; this brings depth to their training content. The trainers are good at answering questions and including all learners. The trainers are good with delegates that require extra support. The trainers arrive with ample time to set up before the session starts.

I would recommend Anglian Training to other companies.

Jackie Grey - Training Coordinator
HOLLYMAN CARE HOMES LTD

CASTLEMEADOW CARE

There is nothing I could possibly add to this training It truly was the best first aid training I've had in the almost 8 years of working in healthcare I have taken so much from this training It has made me feel more confident too Emma is amazing she really has so much knowledge and understanding of her role I would highly recommend this training to anyone regardless of what your job role is, this training is life saving and I've very thankful to Emma for sharing her knowledge and experiences with us today

Castlemeadow Care

Our VALUES & ETHOS

Expertise

- All Trainers have hands on experience in their field and are experts in subject matter for example our first aid training is always delivered by ambulance crew, fire training by fire service etc
- We are used to working with companies of all different sizes to put together the most effective training plan

Trusted

- We are the Trusted Training Partner of a large number of reputable companies both local & national and our testimonials speak volumes
- Customers often come to us off the back of inspections which highlight areas requiring improvement we can work with you confidentially around any compliance issues to ensure that your training helps you to achieve the required improvements

Flexibility

- Courses can be run On-site at your setting or you can send your Delegates to our pre-planned open courses
- On-site courses can be delivered during the day, evenings, weekends, to work around shift patterns
- We offer Face to Face, Virtual, Blended and E-Learning Options
- Our team can chat through the options with you based on how many people you need to Train and what way would work best for your organisation

Empowerment

- We don't believe in Death By Powerpoint or Training being a tick box exercise - we want your Team to go away from our training with the confidence to use it in their day to day life
- Many delegates may come into the classroom a little nervous and we can guarantee they will leave sessions with a new found confidence and feeling empowered within their role.

ACCREDITATIONS

iosh Approved training provider

MHFA England

HABC Highfield awarding body for compliance

Approved HABC Centre

Ofqual Office of Qualifications and Examinations Regulation

ITC ITC First

FAIB The First Aid Industry Body